

50 Pence



March 2015

# The Trident



The Parish Magazine of



Serving Hanwell and Beyond

Registered Charity no: 1130519

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@stthomashanwell



St Thomas The Apostle, Hanwell



ST. THOMAS THE APOSTLE  
BOSTON ROAD, HANWELL  
CHURCH OF ENGLAND

WE DO HOPE THAT YOU WILL FEEL WELCOME TO COME TO OUR SERVICES

SUNDAY

8.00 AM HOLY COMMUNION (BOOK OF COMMON PRAYER SERVICE)  
10.00 AM SUNDAY SCHOOL (TERM TIME AND NOT 2ND SUNDAY OF THE  
MONTH)  
10.00 AM PARISH COMMUNION  
6.30 PM EVENING PRAYER (BCP)  
CHORAL EVENSONG FOR SPECIAL FESTIVALS (PLEASE SEE NOTICEBOARD  
FOR DETAILS)

WEEKDAY CELEBRATIONS OF HOLY COMMUNION

TUESDAY 12 NOON  
WEDNESDAY 2PM  
LAST WEDNESDAY OF EACH MONTH 7.30PM

MORNING PRAYER

7.30 AM MONDAY TO FRIDAY (8.00 A.M SATURDAY)

EVENING PRAYER

DAILY 5.00 PM (EXCEPT SATURDAY AND SUNDAY)

PEOPLE OF ALL FAITHS, OR NO FAITH AT ALL, ARE WELCOME AT ANY OF OUR SERVICES. THOSE WHO ARE FULL MEMBERS OF THEIR OWN CHRISTIAN CONGREGATIONS ARE WELCOME TO RECEIVE HOLY COMMUNION IN ST. THOMAS'S.

REGULAR MEETINGS

MONDAY	12.30 PM	HANWELL HOMELESS CONCERN
	4.45 PM	RAINBOW GUIDES
	6.00 PM	BROWNIES
TUESDAY	5.30 PM	BEAVERS
	6.30PM	CUBS
WEDNESDAY		11.00AM - 12.30PM
	10.30AM	MOTHER AND BABY/TODDLER GROUP
	7.30PM	STUDY GROUP & COMPLINE (FIRST WED OF EACH MONTH)
THURSDAY	7.00 PM	GUIDES
FRIDAY	10.30 - 12 NOON	'POP-IN'
	7.00 PM	SCOUTS (AT 'THE WARREN' TRUMPERS WAY)
	7.00 PM	CHOIR

FOR MORE INFORMATION LOG ONTO OUR WEBSITE:

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PLEASE E-MAIL US AT [st.thomas.office@btinternet.com](mailto:st.thomas.office@btinternet.com)



# From our Vicar

Dear Friends

**A few years ago a NASA Scientist declared that, 'All the atoms on earth and in our bodies were stardust before the solar system formed.' We could also legitimately add that to stardust we will return. That observation seems wonderfully appropriate at this time of year.**

During the Ash Wednesday Service I make the sign of the cross on the **foreheads of those who attend and say, 'Remember you are dust and to dust you shall return'.** That profound symbol of repentance has at its heart a sense of connectedness. The ash on the foreheads becomes a reminder of our common heritage and our common condition. We all share the reality of sometimes falling short of what our shared faith requires.

**After saying, 'Remember you are dust...' I go on to say, 'Turn away from sin and be faithful to Christ'. The road to repentance, to turning back to God,** begins with that acknowledgement of shared humanity and fallenness. This image of sin as a movement away from God by words and actions has its roots in ancient times, and describes a shared sense of departure, loss and rebellion as one turns from the source of love and life. Oscar Wilde, reflecting on his own fall from grace in *De Profundis*, **said, 'for in life as in art the mood of rebellion closes up the channels of the soul, and shuts out the airs of heaven'.**

If that was all there was to it, a shared sense of loss and departure, then Ash Wednesday, and Lent, becomes no more than a corporate act of spiritual grief. However, this season is one of hope as it not only reminds us of our communal short-comings, but more significantly tells us of our universal confidence. That confidence accompanies us who walk the way of the cross this season, and do so all the way to the foot of that cross. As we gaze at the crucified Christ we do not look at another unjust death in a cruel world, but instead at the emblem and source which says that sin and death do not have the last word.

So although sin and death are shared human conditions, like the very stardust from which we come, so too is the universal solution, Jesus Christ. So this season as we rightly examine ourselves in light of the cross, let us also examine what lies beyond the cross, an empty tomb, and conquered sin and death.

Your friend and priest  
Fr. Robert



# Parish News

In February we had a wonderful Confirmation which saw 9 members of our Church Family confirmed. This is a significant step in their journey of faith, which reveals an openness to the work of God in their life, and thus the possibility of God working through them in St **Thomas's and beyond. Please continue to pray for Gordon, Janet, Rose, Caragh, Elice, Martha, Celia, Samuel and Matthew.**

Sticking with the theme of the journey of faith, we are now in the season of Lent, which is the annual act of pilgrimage by the church. During this season **we are encouraged to 'journey' with Jesus in the way of the cross. This is** done to renew us, the church and creation. Please take the opportunity to join in with the various acts of devotion and make Lent as holy as it can be for you. Details of the various services and Study Groups are in this copy of the Trident.

In February we had our monthly 50 plus Fellowship Group, during which we planned our activities for the year. At our next meeting in March (4<sup>th</sup>) we will be having indoor games. If you would like to join us please do so.

Also, originally scheduled in March was a visit from Merton College Choir. Unfortunately, when they originally suggested this date they did not realise that the term had finished so there would be no students in residence.

Therefore, this has now been moved to 13<sup>th</sup> December from 7pm. Merton College, Oxford produced a CD of Advent Music so this will be a valuable addition to our Advent Devotions.

Easter this year is on 5<sup>th</sup> April and will be celebrated with the usual joy and liturgical solemnity. Before this, on Palm Sunday at 6.30pm the choir will be **singing John Rutter's 'Requiem' and will be joined by a guest organist, cellist, and oboist.** Please come along and support this devotional performance.

Finally, one more date for the diary. Our Annual Parochial Church Meeting (APCM) will be after the main morning service on 19<sup>th</sup> April.

Do have a very holy Lent and Blessed Easter.

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## For St Patrick's Day

Q: Why can't you borrow money from a leprechaun?

A: Because they're always a little short.

Q: How can you tell if an Irishman is having a good time?

A: He's Dublin over with laughter!

# St Thomas' Church Boston Road W7



## Lent, Holy Week & Easter 2015

**Ash Wednesday** 18<sup>th</sup> February 7.30pm Mass & Ashing

**Monday Devotional Hour** at 1pm inc. Rosary & Exposition of Blessed Sacrament in the Lady Chapel.

**Stations of the Cross** every **Tuesday** at 7.00pm

**Lent House Groups** see Posters (from 23<sup>rd</sup> Feb to 18<sup>th</sup> Mar)

**Palm Sunday 29<sup>th</sup> March**

8am **Said Mass** (BCP)

10am **Blessing of Palm Crosses & Parish Eucharist**

6.30pm **Lenten Choral Devotion** of John Rutter's 'Requiem' with guest singers and instrumentalists.

**Monday of Holy Week 30<sup>th</sup> March** 1pm **Rosary & Mass**

**Tuesday of Holy Week 31<sup>st</sup> March** 12noon **Mass**

**Wednesday Holy Week 1<sup>st</sup> April** 2pm **Mass**

**Maundy Thursday Evening 2<sup>nd</sup> April** 7.30pm **Mass of the Lord's Supper & Watch** to midnight and from 6am.

**Good Friday 3<sup>rd</sup> April** 3pm **Solemn Liturgy**

**Easter Day 5<sup>th</sup> April**

8am **First Mass of Easter** (BCP)

10am **Parish Eucharist & Easter Ceremonies**

6.30pm **Evening Prayer**



[www.thomashanwell.org.uk](http://www.thomashanwell.org.uk)

# **St Thomas's Fun Run**

**Back by popular demand!**



**Sunday 26th April at 2pm  
5k or 2.5k**

**Join us for a jog around Elthorne Park.**

**£5 entry fee.**

**All finishers will receive a medal!**

**Suitable for all ages and abilities.**

**Please email [sue.cunningham@mac.com](mailto:sue.cunningham@mac.com)**

**for an entry form or more info**

**or ring 07850 889948**

**Entries on the day are welcome**

**but we have a maximum of 100 places available.**

# Pennies From Heaven

I wonder how many people have noticed the large jar on the table at the back of church, which usually has some coins in it. It has been there for many years, and its purpose is to collect any loose change that people are willing to give it. The jar is emptied periodically, the money is banked, and it is added to church funds. You may think that this is a lot of work for just a few pounds, as most of what is put into the jar is pennies and two pences, but in actual fact over a thousand pounds has been raised in this way over the past 10 years. However, donations have recently dropped dramatically. The amount of money banked from the penny jar for the last 10 years is as follows:

2005 £194.00	2009 £114.30	2013 £33.70
2006 £161.55	2010 £102.88	2014 £20.00
2007 £105.39	2011 £71.77	
2008 £168.56	2012 £43.00	

It would be lovely to see the figure for 2015 and future years return to the high figures of a few years ago. I know my purse is too heavy to carry around when it is full of small change, and my husband and sons are always emptying their trouser pockets and leaving piles of coins lying around. Lets **put it all in the St Thomas's penny jar!!**

Jill Ashcroft

---

## **Palm Sunday**

Palms and praises  
pointing to victory  
as the King rides on,  
the promised King,  
gentle and riding on a donkey.  
Promised of old -  
and given that gift of gold, early on.  
Half-recognised in his kingdom- signs  
and words,  
kindling hope,  
leading to hosannas,  
to palms and praises.  
And then the turning,

as this King shows a different  
sovereignty.

**The cries of "Crucify",**  
the cruel crowning  
as thorns pierce head and hearts.

A misunderstanding.  
A misreading of the signs, so clear.  
A failure to trust the King,  
who was and is and always will be  
Truth.

Father, forgive us,  
We know not what we are doing,  
Still.

*By Daphne Kitching*

# JOAN'S SPEECH TO THE INQUISITOR

It is not the bread and water I fear: I can live on bread: when have I asked for more? It is no hardship to drink water if the water be clean. Bread has no sorrow for me, and water no affliction. But to shut me from the light of the sky and the sight of the fields and flowers; to chain my feet so that I can never again ride with the soldiers nor climb the hills; to make me breathe foul damp darkness, and keep from me everything that brings me back to the love of God when your wickedness and foolishness tempt me to hate Him: all this is worse than the furnace in the Bible that was heated seven times. I could do without my warhorse; I could drag about in a skirt; I could let the banners and the trumpets and the knights and soldiers pass me and leave me behind as they leave the other women, if only I could still hear the wind in the trees, the larks in the sunshine, the young lambs crying through the healthy frost, and the blessed church bells that send my angel voices floating to me on the wind. But without these things I cannot live; and by your wanting to take them away from me, or from any human creature, I know that your counsel is of the devil, and that mine is of God.

George Bernard Shaw  
*From Saint Joan*

## Lent House Groups 2015

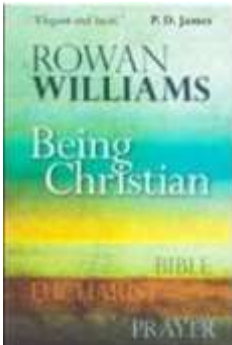
These will be from 23rd February until 18th March)

We will be looking at a book by Archbishop Rowan Williams examining the essentials of Christian life. The groups are:

Mondays 7.30pm: Colin Lomas at 109 Southdown Avenue

Tuesdays 7.30pm: Roger & Sue Grange at 19 Chepstow Road

Wednesdays 7.30pm: at The Vicarage.



The book contains four chapters and one will be discussed each week.

It can be obtained from Amazon. The details are:

**'Being Christian: Baptism, Bible, Eucharistic Prayer'** by Rowan Williams.

SPCK 2014 ISBN: 9780281071715

**Don't worry if you can't make all the meetings. Go along to one when you can.**





## Prayer for the month of March

O Lord Jesus Christ, who is yourself the bread of life and has promised that those who come to you shall never hunger: Grant us faith truly to partake of you through Word and

Sacrament, that we may find refreshment of

spirit and be strengthened for your service who lives and reigns with the Father, in the unity of the Holy Spirit, ever one God world without end.

Amen



## From the Editors

**We've got the dates and locations of the Lent study groups on page 8 (opposite).** Thank you to all the people who have agreed to host these.

**We're organizing another Fun Run this year - on April 26th - the same day as The London Marathon, so if you're not planning on running 26 miles, then please come and run, jog or walk 2.5K or 5K around Elthorne Park.**

**Finally - please would you note that Sue's email has changed. The new one is on the back of this magazine.**

*Jul & Sue*

Copy date for the April Trident will be Sunday March 8th.

Copy date for the MayTrident will be Sunday April 12th

The opinions expressed in this magazine are those of the individual contributors and not necessarily those of the Church, the Vicar, the Editors or of the PCC. The editors reserve the right to edit items sent in for publication.

The photograph of Father Robert on page 3 is reproduced with kind permission of Stephen Brooks. [www.stephenbrooksphotography.com](http://www.stephenbrooksphotography.com)

# The Tots Group

The Tots Group is thriving, we are getting new parents/carers and their children joining regularly. It is common for us to have 30+ adults and 30+ children present at a session. The adults are very friendly and the children delightful. The age range of the children goes from babies to pre school age. Everyone seems to enjoy themselves, which is lovely to see. It is a true community group as we welcome people of all faiths as well as those who have no faith at all.

The Tots Group meets each Wednesday during school term times, between 10.30 and 11.45 a.m. The sessions are held in the Church Hall. Entrance to the sessions is through the Lounge door. There is no charge for attendance at the sessions, as the PCC very kindly covers the hall rental costs for us.

**The volunteer helpers don't have to organise play activities as the children** move freely at will around everything. The parents/carers are responsible for their own children, so volunteers are able to circulate to talk to the adults and the children.

Just before 11.30 the parents and children help us move all the equipment to a corner of the Hall so that we can set chairs out ready for a short singing session. Father Robert leads this, playing his guitar. We sing action songs, then the children choose animal hand puppets and toys ready for use **as we sing 'Old MacDonald'. We end up by singing 'Happy Birthday' to** anyone who has just had a birthday. Then Father Robert says a very short and simple prayer before we finish the session, tidy things away and clean up.

We really could do with some more volunteer helpers on a regular or more casual basis **as often one or more of us can't be there.** Sometimes there have only been a couple of volunteers available. I have been the only volunteer there on several occasions, which is quite challenging!

Therefore if you think that you might be interested in helping, one of the following options could be the one for you:

- between 9.00 and 10.30 helping to sweep the hall and lounge floors; put out chairs and tables; get the play equipment out and get the refreshments ready
- during the actual session, between 10.30 and 11.30, welcome the parents, carers and children, particularly any who are there for the first time; talk to them; interact with the children in their play if you wish to; check that everyone who would like one has got a drink of tea or coffee

and collect up cups, saucers etc which are finished with so that they can be swilled out and then put into the dishwasher

- between 11.30 and about 12.20 help to clear things away, tidy the kitchen, finish filling the dishwasher, sweep the floors and help to put the equipment away again in its storage area
- provide us with help on one or two Wednesdays a month
- **be an 'emergency cover' able to offer to come in and help when we know that we will be short of helpers at a particular session**

If you are interested but would like to know a little more about it first please speak to either Rose Noel or myself after church on a Sunday morning, or you can phone me on 8840 0038 to discuss it. If you would prefer it please come along to see for yourself what goes on at a session.

**You don't have to 'hi-jack' someone else's child to accompany you in order to do that!** We would be very pleased to see you and answer any of your questions. We would be delighted to welcome some new volunteers and trust that they would enjoy it as much as we do!

Linda Williams

---



Since our parish became a regular donor in October 2014 you have donated 284 kilos of food (626 pounds). This generosity has contributed to the ability of the Foodbank to help Ealing families at times of crisis. In the last year we have supported over

2000 people and this includes almost 900 children.

The Foodbank would like to pass on to you a big thank you from all their volunteers.

At this time of year the items of food which are welcome are as follows:  
Tinned meat, dried milk, instant potatoes, instant custard, sponge pudding.  
Toothpaste and shampoo are also welcomed items.

NO baked beans, pasta or tomato soup for the time being.

I will continue to update you and thank you again for your contributions.

Nicole Edwards

---



JESUS SAID TO THEM:  
DO YOU KNOW WHAT I HAVE DONE TO YOU?



Friday  
6th March  
Women's  
World Day  
of Prayer



All are welcome

Praying for The Bahamas

## Salvation Army Church

Leeland Road W13 9HH

At

1.30 pm

[www.wwdp.org.uk](http://www.wwdp.org.uk) Registered Charity Number 233242

## Shopping habits change

How often do you shop for food? These days, chances are **that you are buying 'little and often', popping into your mini-supermarket** several times a week, and buying only what you need for the next couple of days. It is a thrifty way of living; the trend has helped to reduce food wastage by as much as a fifth, compared with seven years ago. According to a survey by Waitrose, one in four of us is **visiting a 'convenience' store at least once a day.** Perhaps it gives a whole new insight into **'Give us today our daily bread...' (Luke 11:3)**

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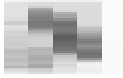


## ORGAN FUND COLLECTABLES DONATIONS

Wanted: Donations of good quality household and personal items that you no longer want.

Items needed include: Unwanted heirlooms, antiques, paintings. Ornaments including china, brass and glassware. Jewellery, watches and clocks. Coins, banknotes, stamps and medals. Old games and toys like cars, trains and dolls. Musical instruments, cameras and Sports Memorabilia. Curios etc. All proceeds from their sales will go straight to the Organ Fund!

We can only accept smaller items that can be collected in a car, not furniture. No jumble, clothing or broken items please. For local collection phone David Clarke on **07952 011543** to arrange a timed evening or weekend visit. E-mail David at [david-clarke28@sky.com](mailto:david-clarke28@sky.com). If bringing items to the church, please arrange with David Jewell or Michael Mappin to take them from you.



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## POP-IN

\*POP- IN ON FRIDAYS\*

AT ST THOMAS'S CHURCH HALL  
FROM 10.30AM TO 12 NOON

\*COME FOR TEA, COFFEE, BISCUITS AND A CHAT

\*MEET YOUR FRIENDS AND MAKE NEW ONES!

\*STAY FOR TEN MINUTES OR THE MORNING!

### March

6th - tea, coffee and cakes

13th - tea, coffee and cakes

20th - tea, coffee and cakes

27th - tea, coffee and cakes

The POP-IN is run by the Hanwell Neighbourly Care Scheme.

## Terracycle recycling for Organ Fund

We can no longer collect yoghurt pots as these are collected by the council in your green boxes and we can no longer collect baby wipe packets

We have collected 20,000 Tassimo pots and have raised a total of £700

We are still collecting  
Coffee bean packaging  
Coffee jar lids  
Tassimo pods and foil bags  
Biscuit wrappers

**Ella's kitchen baby food pouches & lids**

Find out more at [www.terracycle.co.uk](http://www.terracycle.co.uk)



# Diary Dates



## FEBRUARY

22nd Sun 1st Sunday of Lent  
28th Sat Scout Quiz

## MARCH

1st Sun 2nd Sunday of Lent  
8th Sun 3rd Sunday of Lent  
15th Sun Mothering Sunday

22nd Sun 5th Sunday of Lent  
24th Tues PCC  
29th Sun Palm Sunday

## APRIL

2nd Thurs Maundy Thursday  
3rd Fri Good Friday  
5th Sun Easter Day  
12th Sun 2nd Sunday of Easter  
19th Sun 3rd Sunday of Easter  
APCM after the 10am service  
26th Sun 4th Sunday of Easter  
Fun Run at 2pm (meet in the Hall carpark)

*Baby/Toddler  
Group*

**St Thomas's Hall**

*On Wednesdays  
from*

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*11.45am.*

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## VICAR

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