

50 Pence



September 2018

The Trident



The Parish Magazine of



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WE DO HOPE THAT YOU WILL FEEL WELCOME TO COME TO OUR SERVICES

SUNDAY

- 8.00 AM SAID EUCHARIST (BOOK OF COMMON PRAYER SERVICE)
10.00 AM SUNDAY SCHOOL (TERM TIME & NOT 2ND SUNDAY OF THE MONTH)
10.00 AM PARISH EUCHARIST
6.30 PM EVENING PRAYER (BCP)
CHORAL EVENSONG FOR SPECIAL FESTIVALS (PLEASE SEE NOTICEBOARD FOR DETAILS)

WEEKDAY CELEBRATIONS OF HOLY COMMUNION

TUESDAY 12 NOON
WEDNESDAY 2PM

MORNING PRAYER

7.30 AM MONDAY TO FRIDAY (8.00 A.M SATURDAY)

EVENING PRAYER

DAILY 5.00 PM (EXCEPT SATURDAY AND SUNDAY)

PEOPLE OF ALL FAITHS, OR NO FAITH AT ALL, ARE WELCOME AT ANY OF OUR SERVICES. THOSE WHO ARE FULL MEMBERS OF THEIR OWN CHRISTIAN CONGREGATIONS ARE WELCOME TO RECEIVE HOLY COMMUNION IN ST. THOMAS'.

REGULAR MEETINGS

MONDAY	12.30 PM	HANWELL HOMELESS CONCERN
	4.45 PM	RAINBOW GUIDES
	6.00 PM	BROWNIES
TUESDAY	5.30 PM	BEAVERS
	6.30 PM	CUBS
WEDNESDAY		
	10.30AM	MOTHER AND BABY/TODDLER GROUP
THURSDAY	7.00 PM	GUIDES
FRIDAY	10.30 - 12 NOON	'POP-IN'
	7.00 PM	SCOUTS (AT 'THE WARREN' TRUMPERS WAY)
	6.45 - 7.15 PM	JUNIOR CHOIR
	7.00 PM	CHOIR

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From our Vicar

Dear Friends

A few months ago I had a sermon published in a book by SCM, *'Preaching a Radical Orthodoxy: Sermons for the Christian Year'*. The sermon was on one of the subjects I struggle most with, angels, and the feast of St Michael and All Angels falls in September.

What I reflected upon was why books on the subject are so popular, and what is the Christian response. These were just some of the titles: *The Angel Bible, Messages from Angels, The Healing of Angels, How to Change Your World with Angels* and even, wait for it, *Angel Horses: Divine Messengers of Hope* by Linda Anderson.

It's no wonder that the preacher looks forward to this subject about as much as an evening in with all 256 pages of Ms Anderson's angelic equine tome. But the trouble is that as a Church we can't really avoid the issue of Angels and Archangels. At every Eucharist we declare our solidarity and participation in worship with Angels and Archangels and all the company of heaven, before joining their song: the Sanctus.

This scriptural declaration within the context of the Eucharist means that we simply cannot dismiss the angelic as mere divine Postman Pats. Yes, as their Greek name suggests, they are messengers, but as scripture shows they are so much more. Angels according to the Psalmist (Ps. 148.2, 5) are a part of creation, yet they also have authority over the created order.

Angels crop up everywhere in the bible, whether it's scrapping in the middle of the road with Jacob, feeding a depressed Elijah, or telling shepherds of **Christ's birth. Yet in spite of the accepted presence within scripture what is their point after Christ's life; the Word made flesh?**

I'm not sure they have to have a point that fits into our scheme. When we attempt to do this we not only run into all sorts of issues scientific and philosophical about the truth of them, but we diminish the mystery and also the vision of the world created by God. By trying to fit the angelic into a role, a being or a job description that we can label and file, we commodify God's creation.

Angels reveal to us more than breaking news from the Almighty, they reveal **a fullness to God's creation which takes us beyond the cave in which mankind dwells if you're Plato or the Shadowlands if you're C. S. Lewis.**

This season and feast, as we grapple with the bewildering world of Angels, we are shown a glimpse of the real world created by God in his inexhaustible, overflowing love. They may seem to be no more than winged silhouettes on our cave, but they give us a fuller framework for the universe.

This real world, *kosmos*, exists within the life of God and we are caught up and welcomed into it.

In the end we can be scriptural, hopeful, faithful, and 'sensible', because we live within the life of God. So may God reach out to you this season in whatever angelic form his word takes.

Your friend and priest

Fr. Robert



Parish News

September always seem to kick-start the next phase in our life together.

A significant part of that next phase is welcoming Mtr. Julia Palmer who is joining us for a few weeks before she is licensed to her new position in Willesden Area by Bishop Pete. Please read more about Mtr. Julia in this **issue, and welcome her into St Thomas'.**

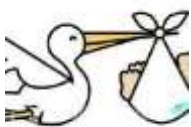
Our curate Mtr. Susy had her baby a few weeks early (see below) so please remember her and her family in your prayers.

The Panto launch BBQ is on Saturday 1st September at 6pm at the Vicarage. Please bring something to BBQ and drink. If you would like to be **involved in 2019's Panto, either on stage or behind the scenes, please do** come along.

The following Saturday is our next film, the beautiful *Il Postino*, which was released 24 years ago this month.

Also importantly 30th September sees our annual Harvest Thanksgiving Eucharist and Harvest Lunch.

Finally, a date for the diary, on 6th October we will hold our Caribbean and International night at 7pm with a showing of the film *Hidden Figures* at 8pm. I hope, those of you who have had a holiday, have had a wonderful break, and best wishes to our young people who begin a new academic year.



We are delighted to be able to tell you that Mtr Susy gave birth to Florence Emily, who weighed in at 5lb 14oz. A little early but mother and baby are both well. Massive congratulations to all the family.

A Call is for Life

By Rev Julia Palmer

It's with great delight that I am working as a priest back in the Church of England on placement at St Thomas'. Since I was ordained in 2000 at Rochester Cathedral by Bishop Michael Nazi Ali I have had a curious journey of serving Christ in this new century.

After training at St John's Nottingham, I ministered as a curate in Snodland (industrial Kent) and then was the priest in charge of two rural parishes in Nottinghamshire, where tradition (and mission) still hold firm. After five years of this I moved to north Nottinghamshire - Sutton in Ashfield - and was priest at an Anglo Catholic Church - St Mary Magdalene. All this was **good but then sometimes things happen in life that you don't plan for or predict.** My whole family became Roman Catholic and I felt I needed to join them in worshipping at the Catholic Church. This of course meant putting the mantle of my priesthood down for a time.

Whilst I found work with the Catholic Diocese in adult education I found my call as a priest never left me. My experience is that ordination changed me. I was meant to be a priest and spread the Gospel and found it was **painful not to do it. But as the Roman Catholic Church doesn't recognise women priests I was in a conundrum until I had a chance meeting with a hermit nun in Norfolk.**

She recognised the call straight away and said I needed to offer it back to the Church of England with the understanding that they may or may not **take it up again. As luck (or God's providence) had it Bishop Pete opened the door and welcomed me back in.**

So I have landed in St Thomas' Hanwell, to exercise my priestly ministry with you all for a time. The spiritual life is an interior journey of becoming ever closer to God and doing His will so I am looking forward to being with you in the presence of Christ.

My daily labour to pursue
Forth in your name, O Lord I go,
My daily labour to pursue,
You, only you, resolved to know
In all I think or speak or do.

The task your wisdom has
assigned

O let me cheerfully fulfil,
In all my works your presence
find,
And prove your good and perfect
will.

By Charles Wesley



Paddleboarding with the Guides

For the last meeting of the term the Guides went to HOAC (Hillingdon Outdoor Activity Centre) for an evening of paddleboarding.

There were 28 of us altogether and the first challenge was getting into wetsuits! Next we found buoyancy aids and helmets that fitted comfortably. We then got out the giant paddle boards and split into groups of between 6 and 8. We carried the boards down to the lake and after a quick lesson on how to manoeuvre the boards with the paddle we set off into open water.

It wasn't long before someone fell off the board! We had team races and then played a few games. As much time was spent in the water as on the boards due to games like "Pirates" where teams had to invade the other team's board and tip them overboard. By the end of the session everyone's arms were tired due to pulling themselves out of the water so many times.

The leaders were passengers on each of 3 boards and we did our best not to get tipped off!

On a hot evening it was a great way to end our term's activities. The Guides will now have a break and go on their family holidays. We are looking forward to starting on the new Guide programme after the Summer Break – more details next month.



A Prayer for September

Dear Father,

September again! How quickly the months roll by. How quickly our lives move forward. Help us this September to welcome the new starts in our every-day lives - the new school year, the new clubs and activities for all ages that start up again this month. There are so many opportunities, so much to keep us busy. Help us Lord, this September to commit each new day and each new activity to you, aware that every day is a gift from you. Help us to choose wisely how we spend the time you give us and to reflect your love and generosity and kindness to those we meet each day.

In Jesus name, Amen.



Brownie Pack Holiday

On a hot Sunday afternoon towards the end of July the Brownies set off for their annual pack Holiday. This year we went to a Girlguiding site belonging to Surrey West between Guildford and Farnham.

After choosing our beds in the bunk room we soon got started on our many and varied activities. We played indoors and outside, did crafts and a variety of adventurous activities provided on site. Our theme for the week was the Enid Blyton story of the Magic Faraway Tree and we all took on the name of characters from those stories and visited strange lands each day.

Our crafts included making a mosaic coaster, and painting a mug – these were to take home as gifts for the family. The girls then got stuck in to the challenge of learning to knit! This was something they had asked to do and they really did show amazing determination to master it.

Obviously there were varying degrees of skill evident but nobody gave up. They lived up to the Girlguiding mantra of accepting a challenge and we were very proud of their efforts.

On a more adventurous level they had 2 sessions of kayaking in the local river – again a skill they mastered very well. They went climbing and grass sledging and also pedal karting. On a hot day the most fun you can have was playing with water and we had some fun with games and, of course, the inevitable water fight.

Just outside our building was a great rope climbing frame called “the Bird’s Nest” and also a trampoline and space to play with our parachute.

The weather was hot all week although we did enjoy a downpour on the last afternoon.

Thanks go to Nicki Thomson who cooked for us all week and to her daughter Maddie (one of our Rangers) who helped with all our activities.

Bev and Pauline
(a.k.a. Moonface & Dame Washalot)

Music themed party

Host: “what have you come as?”

Me: “A harp”

Host: - “You’re outfit’s too short for a harp.”

Me: - “Are you calling me a lyre?....”

The Blackbird

He comes on chosen evenings,
My blackbird beautiful, and sings
Over the gardens of the town
Just at the hour the sun goes down.
His flight across the chimneys thick,
By some divine arithmetic,
Comes to his customary stack,
And couches there his plumage black,
And there he lifts his yellow bill,
Kindled against the sunset, till
These suburbs are like Dymock woods
Where music has her solitudes,
And while he mocks the winter's wrong
Rapt on his pinnacle of song,
Figured above our garden plots
Those are celestial chimney-pots.

John Drinkwater
1882-1937



From the Editors

September's magazine

is always a tricky one to fill as **it's put together in August** when a lot of people are on holiday. However, we have articles from the Brownies and Guides telling us about their recent activities and a piece by Mtr Julia introducing herself to us. **By the time you read this, you'll be** back from your summer holidays, so we hope you feel refreshed and rested.

Jul + Sep

21st Sept St Matthew

Matthew was one of 12 apostles. But he began as a publican i.e. a tax-collector of Jewish race who worked for the Romans, before he left all at the call of Christ. From earliest times, he was regarded as the author of the first of the four Gospels. The Gospel of Matthew is in correct, concise style, very suitable for public reading.

His usual emblem as an evangelist is a man, because his genealogy emphasised the family ties of Christ. In art, he has been represented as either an evangelist or as an apostle. As an evangelist, he has been depicted sitting at a desk, writing his gospel with an angel holding the inkwell. In the Middle Ages he was even given a pair of spectacles.

Matthew was martyred by a sword or a spear, some think in Ethiopia.

What an apple might do for you

Here's some good news: an apple a day could help keep diabetes at bay, according to new health guidelines.

Yoghurt, cheese and regular cups of tea or coffee are among other food and drinks that could also help ward off the condition. But keep an eye on the meat and potatoes – they may actually increase your likelihood of diagnosis.

The dietary advice comes from Oxford University and Diabetes UK. It also suggests eating more wholegrains and fruit and vegetables.

Best way to clean your house

The most efficient way to clean your house is to tackle it chore by chore, not room by room.

Dusting, vacuuming, and tidying room by room wastes time, according to the Good Housekeeping Institute (GHI). Instead, once the duster is out, go over the whole house with it. Follow the same procedure with the vacuum cleaner, mop, dustpan and brush, window cleaning gear and other cleaners.

Other good tips: keep a running list of 'groceries to get', put a damp sock on your hand to wipe the dust off blinds, add dishwasher rinse to water to clean windows and leave them streak free.

Keep your brain healthy

Here's an excellent reason to get regular exercise: women who are fit at 50 are five times less likely to get dementia.

A Swedish study found that middle age is the key time for people to take steps to promote their brain health. And boosting your exercise does not have to mean major exertion – just try a brief jog, or a brisk walk with friends. Doctors suggested that the best way to maintain good brain health **was to 'eat a balanced diet, maintain a healthy weight, not smoke, and keep blood pressure and cholesterol in check.'**

A friend is someone who reaches for your hand but touches your heart.

All in the month of September

It was.....

100 years ago, from 26th Sep to 11th Nov that the WW1 Meuse-Argonne Offensive took place in France. It was the last major battle of WW1, and **the American Expeditionary Force's largest and bloodiest operation of the war.** Allied victory.

90 years ago, on 28th Sep 1928 that the use of cannabis was made illegal in the UK. (Medical use of cannabis was made illegal in 1973.)

80 years ago, on 30th Sep 1938 that British Prime Minister Neville Chamberlain returned to England in triumph after signing the Munich **Agreement, declaring there would be 'peace for our time'.**

Also 40 years ago, on 17th Sep 1978 that the Camp David Accords were signed in Washington DC by Israel and Egypt. They led to the Egypt-Israel Peace Treaty in 1979.

30 years ago, on 6th Sep 1988 that 11-year-old British boy Thomas Gregory became the youngest person to swim the English Channel.

20 years ago, on 4th Sep 1998 that Google, the internet search company, was founded by Larry Page and Sergey Brin, both students at **Stanford University in California. The company was initially based in a friend's garage** in Menlo Park.

10 years ago, on 7th Sept 2008 that the 2008 Financial Crisis was underway. The troubled US mortgage-financing giants Fannie Mae and Freddie Mac were placed into government conservatorship, under the Federal Housing Finance Agency.

Pictures by the Park, presents

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8th Sept 7.30pm £5 BYOB





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situated inside the church porches.

The revised list of items needed:

Tinned meat, instant coffee, drinking chocolate, tinned soup, savoury
snacks & crackers, tinned rice pudding & custard, vegetarian chilli & curry,
tinned fruit, ketchup & mayo (small sizes please)

An up to date list can always be found at <https://ealing.foodbank.org.uk/give-help/donate-food/>

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Diary Dates



AUGUST

4th Sat Churches Together in Hanwell
meeting at **St Mary's Church**
10.00 -11.00

SEPTEMBER

1st Sat Churches Together in Hanwell
meeting at Hanwell Methodist
Church 10.00 -11.00

1st Sat Panto 2019 kick-off BBQ. 6pm

8th Sat Pictures by the Park
7:30pm (Il Postino)

*Baby/Toddler
Group
St Thomas' Hall
On Wednesdays from
10.30am until
11.45am.
All are welcome.
Free.*

Copy Dates!

Copy date for October will be Sunday 9th September
Copy date for November will be Sunday 14th October
Copy date for December will be Sunday 4th November
Copy date for January will be Sunday 9th December

POP-IN

POP- IN ON FRIDAYS

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***STAY FOR TEN MINUTES OR THE MORNING!**



September

7th - tea, coffee and cakes

14th - tea, coffee and cakes

21st - tea, coffee and cakes

28th - tea, coffee and cakes

The POP-IN is run by the Hanwell Neighbourly Care Scheme.

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