

50 pence



August 2020

The Trident

Back in church edition




The Parish Magazine of


ST THOMAS THE APOSTLE
BOSTON ROAD, HANWELL, W7 2AD

Serving Hanwell and Beyond

Registered Charity no: 1130519

www.thomashanwell.org.uk

 [@stthomashanwell](https://twitter.com/stthomashanwell)

 [St Thomas The Apostle, Hanwell](https://www.facebook.com/StThomasTheApostleHanwell)



ST. THOMAS THE APOSTLE
BOSTON ROAD, HANWELL
CHURCH OF ENGLAND

Our church is now open for the following services.



CHURCH RE-OPENED FOR
Sunday Parish Mass 10am
Children's Church 4pm
Said Masses Tuesday at Noon &
Saturday 9am
All Live Stream Services can be viewed by anyone on www.facebook.com/StThomasHanwell

All services, including those above, continue to be live-streamed.



All these services are Live Streamed and can be viewed by anyone on www.facebook.com/StThomasHanwell
Sunday Parish Mass 10am
Evening Prayer 6.30pm
Masses: Tues & Wed at Noon &
Saturday 9am
Morning Prayer (Mon-Thurs) 8am
Night Prayer (Mon-Thurs) 7pm

FOR MORE INFORMATION LOG ONTO OUR WEBSITE:
www.thomashanwell.org.uk

All the information here is correct at the time of going to press, but as you know, the situation we find ourselves in changes on a daily basis, so if you need any further **help or you're not sure whether the church is open, you can email us at** st.thomas.office@btinternet.com



From our Vicar



From This to This: How our Live-Streaming evolved during lockdown

Dear Friends,

Rather than the usual Parish Priest Letter I want to offer a longer reflection. Now we are back in church, I want to offer some thoughts on the surprising **technological space I found myself in behind St Thomas' locked doors.**

On the morning of 13th July I received via the social media group, LinkedIn, a **guide from the Church of England's communication department, 'Top Tips for an accessible online service'.** The fact this arrived 10 days after some of us were back in our churches, seemed to personify much of life under COVID-19. However, rather than lament at the fact I could have done with this on Thursday 19th **March when St Thomas' doors were bolted to the faithful,** I want to celebrate what did, and continues to, happen online.

After drawing breath from the horror of being forced to close the church doors, it seemed to me vital that we continued to pray together. I believe passionately that buildings (sacred spaces) are vital to our life together, because they are the places where key events and rituals in life are celebrated. They are the repository of shared stories and experiences, but **they are not what 'spiritually' unites us. We are the body of Christ because we eat his Body and are baptised into his Body, and now participate within the divine life of the Trinity.** These are acknowledged and observed within buildings, but it is not the building that makes this spiritual unity possible, it is the work of God, Father, Son and Holy Spirit. Thus, conscious of the **important focus of St Thomas' church and knowing that we can still be united in prayer and spirit** I wanted to film the Eucharists and Daily Offices (Morning and Night Prayer).

.....cont over

Excellent, I thought: there is the intellectual justification now to make it happen. It is at this point that I have to acknowledge a leap into uncharted territory. In the Panto Dressing Room last January I was roundly mocked **because a fellow performer had to show me how to take a ‘selfie’, a technological ‘early adopter’ I ain’t!** Thus, laying aside my quill and parchment, the internet became my teacher and friend. My iPhone could be used as a camera to live-stream on Facebook... **who’d have thought** – well everyone in Christendom it appears!

The first couple of weeks simply involved pointing my mobile phone at the **‘liturgical action’**. However, as the pandemic drew on, it felt important that the Sunday Parish Mass, should be just that, a *Parish* Mass. There must be a way of interweaving video contributions from members of the congregation, choir etc, and there was; enter OBS (Open Broadcast Software). OBS sounded tantalizingly close to OSB (Order of St Benedict) so that had to be the one. Interestingly, in the aforementioned LinkedIn communication of 13th July they suggest using it, once again, gee thanks! After two days of tutorials and six hours of setting up we were good to go. Izzy acted as production manager switching between pre-recorded scenes and live action. In those first couple of weeks it was a good job you could not see the hysterical gesticulation from Izzy as she tried to tell her clueless father we were now live, as the serenity and mystery of the sacred liturgy would have been lost forever. After a few weeks this cross between charades and St Vitas Dance had made way to calm sign language. At this point it is worth saying a huge thank you to all the various people who submitted videos to make it a *Parish* Mass, especially Keith editing together the individual contributions of the choir. It took me 5-6 hours a week, and Keith a similar amount of time, but it was (is!) worth it.

Since we started live-streaming services I have been amazed and touched by the emails and comments I have received. People have watched us from India to the Philippines and Canada to Turkey. I have had prayer requests from the USA and people contacting me to tell of their joy at seeing inside the church where their grandparents and parents were married decades ago. As a Church we have, unwittingly, touched people in new ways and we have to give thanks, and hearty Hallelujahs, for that.

Whatever, our “new normal” will look like it seems to be a ‘no-brainer’ that the cameras will now always be with us. COVID has taken us down some horrible cul-de-sacs, **but also down surprising highways. I won’t** consign my fountain pen to the rubbish-bin quite yet, but I may be a little **more open to technology, if only to say ‘thank you’ for what it has opened up for us at St Thomas’.**

Your friend and priest
Fr. Robert



Parish News

The main news is that we are now, to a lesser extent, back in Church. Obviously, we are having to ensure that we can be as safe as possible so the pattern, whilst trying to replicate pre-COVID, is still a little different. Please do look at the current provision of services. The Main PUBLIC Services are:

- 10am Parish Mass
- 12 noon Tuesday Mass
- 9am Saturday Mass, and
- **For our young people, 4pm Children's Church.**

Other services will be live-streamed.

In other news, as we mentioned last month, Mother Susy left us at the end of June to begin the next phase of her ministry much nearer home at **St Mary's Hanwell. She will be back in a few weeks so we can say a proper farewell to her!**

Over this period many people have helped us ensure that the church life and fabric is maintained and cared for so can I please say a huge thank you to all our gardeners, furniture movers, musicians etc.

Also, over the past couple of weeks we have lost some members of our church family. Joan Dyson and Bridgit Carter have died, May they rest in peace and rise in glory! Also, Gordon and Carolyn Figgett have moved to Sidmouth. They will be much missed, but leave with the assurance of our prayers.

Finally, whatever form your August break takes, please do enjoy it and may it be a time of refreshment and renewal.



Give us Compassion

Almighty God, our Heavenly Father, These days when many of us are enjoying some release from the lockdown restrictions, thank You for the freedoms we have always enjoyed to worship You and to proclaim the gospel. Give us compassion for those who are still nervous about leaving the house and for whom life continues to be very hard. May they know the power of your strength and protection.

In the name of Jesus Christ our Lord. Amen.

Thank you...

Well, thanks to God's Good Grace, I am sitting at home typing this.

Really, my purpose in writing this is to thank each and every one of you for your prayers following my emergency admission to Ealing hospital.

Over the twelve days I was in Critical Care and on the ward I saw what **makes this country great. It comes in a uniform of various hues (still can't figure the colours out but the ones in red are surgeons and not engineering officers like Star Trek) but somewhere there is an NHS badge. I saw the surgeons so often we are now on first-name terms.**

Whatever we pay front-line NHS staff, it is simply, not enough.

Don't ignore your health, I had what I thought was a stomach upset and which my GP though may have been 'a bit of an infection'. I didn't pay it much regard.

Who would have thought that eight days later this would require 'blue-lighting' to Ealing for the removal of a three kilogram bacterial cyst from my liver (I hasten nothing to do with alcohol or diet)?

One last mention and that is to Reverend Julia Bevis-Knowles, the Anglican chaplain at Ealing Hospital whose calmness delivered behind a lush Pontypridd accent was both a moment of solace and normality in very strange surroundings.

I don't recall the last time that I sobbed uncontrollably when taking Holy Communion but knowing that just a day or two earlier I may not have been there at all...what more can I say?

My body has been delivered, a bit of a way to go admittedly to a full recovery, and I pray to My Lord and My Saviour that my soul will follow, but not yet.

Thank you Lord. It's good to be alive and thank you again for your prayers.

Nigel



From the Editors

We're delighted to be able to worship in our church building once again, albeit with no singing. Details about all the services both live-streamed and in church can be seen inside the front cover of this magazine. No diary dates yet but who knows what the future **will bring for us. If you're heading away this month** - have a wonderful holiday.

July & Aug



Curates Corner:

So Long, Farewell, Auf Wiedersehen, Adieu
This column marks the end of my time at St Thomas'. It has

been lovely to be part of your community. It has been a privilege to journey with you over the past two years, baptisms, confirmations, Eucharists, funerals and weddings. It has been marked by prayer, coffee and theology, singing and song lyrics in the vestry and running.

This column could be called stories from the vestry – one of my favourite times, after catching up on the door with you all, has been the conversations in the vestry before the service. These included how the latest run went, to being taught how to swing a thurible, double checking if I am wearing the right vestments and the choreography for the service.

On my first Sunday flying solo, as Fr Robert was doing Sunday School, I was rather nervous. The prospect of preaching and presiding was a bit scary - what if I forgot something. As we lined up to process in Stephen told me to **'Let it go!' and as we started moving my response was, 'In to the unknown'.**

Another thing I will take away is the fun of taking part in the Fun Run last year. **It was one of my best runs last year, shame it doesn't count on my official times.** Runners among you will understand.

Whilst lockdown has been a very strange time, I have enjoyed hanging out with Sunday School on zoom. We have enjoyed praying, dancing, singing and sweets/cake exploring different bible stories. My weekend evenings have also included the joy of leading Night Prayer – this has been a lovely thing to do. Thank you to all of you who have joined me.

St Thomas' will always be precious to me, as it's the place I was priested and made some lovely friends. I will miss you all but am sure I will see you around, as I am only moving to the other side of the Uxbridge Road.

God Bless you all

Mother Susy, Signing off.

Copy Dates!

Copy date for September is on Sunday August 9th
Copy date for October is on Sunday September 13th.

Opinions expressed in this magazine are those of the individual contributors and not necessarily those of the Church, the Vicar, the editors or the PCC.

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. - Maya Angelou

Overheard in a playground –

First Boy: My Daddy is a teacher and he makes me clever for nothing !

Second Boy: My Daddy is a doctor and he makes me healthy for nothing !

Third Boy: **My Daddy's a vicar and he makes me good for nothing !**

Alone, we can do so little; together we can do so much. -- Helen Keller

“God doesn't love me,” cried the little girl
“Don't be silly,” said her father, “of course he loves you !”
She refused to be comforted.
“I know he doesn't” she said, “ because I tried him with a daisy.”



A free phone line of hymns,
reflections and prayers



Who Knew?

The prima ballerina, Margot Fonteyn spent some of her early childhood years in Ealing, moving from Waldeck Road to Elm Grove. She started dancing at **Bosustow's Dance School in Ealing**, which was near to Ealing Common. She **remained in Ealing until her father's job** took the family to China in 1927.

The story behind the hymn

Just As I Am

The hymn 'Just As I Am' is one of the most well known. It has been sung by tens of millions of Christians the world over. Yet it was not written by a professional who was 'aiming' at a specific market, as many songs seem to be written today. Instead, it was written by an artist in Victorian times.

Her name was Charlotte Elliott, and she was born in Clapham in 1789. She grew up in a well to do home, and became a portrait artist and also a writer of humorous verse. All was well until Charlotte fell ill in her early 30s, and slid into a black depression. A minister, Dr Caesar Malan of Switzerland, came to visit her. Instead of sympathising, he asked her an unexpected question: did she have peace with God? Charlotte deeply resented the question and told him to mind his own business.

But after he left, his question haunted her. *Did she have peace with God?* She knew that she did not, that she had done some very wrong things. So, she invited Dr Malan to return. She told him that she would like to become a Christian, but would have to sort out her life first.

Dr Malan again said the unexpected: "Come just as you are." The words were a revelation to Charlotte. She had assumed that she would have to put her life in order before she could hope to be accepted by God. Instead, she realised that Jesus wanted her just as she was - and He would take care of the sin. Charlotte became a Christian that day.

14 years later, in 1836, Charlotte wrote some verses that summed up how it had been between her and Jesus that day. Charlotte could not have dreamed that 150 years later, her verses would be sung by millions of people as they made their way forward to do just as the hymn describes - **to come to Jesus Christ, despite sin and fear and doubts, to come 'just as I am.'**

*Just as I am, without one plea,
But that thy blood was shed for me,
And that thou bids't me come to Thee
O Lamb of God, I come! I come!*

*Just as I am, tho tossed about
With many a conflict, many a doubt
Fightings within, and fears without,
O Lamb of God, I come! I come!*

In later years, when Charlotte was no longer able to attend public worship, she said

"My Bible is my church. It is always open, and there is my High Priest ever waiting to receive me. There I have my confessional, my thanksgiving, my psalm of praise, and a congregation of whom the world is not worthy – prophets, and apostles, and martyrs, and confessors; in short, all I can want I find there."

Hills of the North Rejoice.

Another member of St Thomas' has passed away. I refer to Joan Dyson of Clitherow Avenue. I remember Joan as a faithful and steadfast member who was involved in the ethos of St Thomas' for many years.

She was a chorister, she once said her favourite hymn is that lovely Advent hymn **"Hills of the North Rejoice"** (hence the title above). **Joan was also a member of the Girl Guiding Association, she was devoted to her family. She was one of a group of women participating in the activities of church life ie: preparation for the Harvest Supper, Garden Party/Flower Show, and afterwards at the auction: (smile).**

At the Church Fairs and Bazaars, Joan could always be found on the book-stall. She loved Toby Jugs, and Robins on Christmas cards.

As her health deteriorated, Joan was unable to attend church, eventually she went into a nursing home. It was there that she passed away a few **weeks ago. I will end with the last verse of Joan's favourite hymn.**

**"Shout, as you journey on,
Songs be in every mouth,
Lo, from the North they come,
From East and West and South:
In Jesus all shall find their rest,
In Him the sons of earth be blest."**

Rest in Peace, Joan

Eileen Sinclair

All in the month of August

It was:

250 years ago, on 22nd August 1770 that British explorer Captain James Cook discovered eastern Australia, named it New South Wales, and claimed it for Britain.

150 years ago, on 4th August 1870 that the British Red Cross Society was founded.

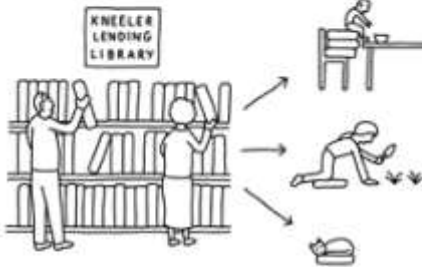
125 years ago, on 10th August 1895 that the Proms (Promenade Concerts) began in London.

90 years ago, from 16th to 23rd August 1930 that the first British Empire Games (now the Commonwealth Games) were held in Hamilton, Ontario, Canada.

THE KNEELERS

HOW THEY ARE BEING USED DURING THE PANDEMIC

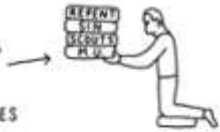
SOME WERE LENT OUT BEFORE THE START OF LOCKDOWN



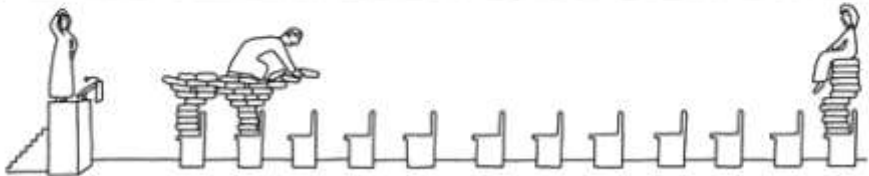
A FEW WERE PILFERED
(VERY TRICKY TO DETECT)



PENITENT KNEELER
THIEF RETURNS STASH,
HAVING BEEN
CONVERTED BY
EMBROIDERED MESSAGES



THE CLERGY USE THE REMAINDER FOR (SOCIALLY-DISTANCED) TEAM-BUILDING EXERCISES



CartoonChurch.com

My wife's become a stanger,
She looks like a park ranger.
She's out all day, come what may,
Digging away, keeping slugs at bay.
She's got a new plot,
It's producing a lot,
So far we've got spuds without rot,
Spinach and greens
And of course broad beans.
And rhubarb.
Strawberries too.
Too many to eat, but very sweet
They fed the street!



However, I've decided courgettes are a weed,
Doesn't matter how much I plead
No more! Give 'em to the poor
It's all I can take, not courgette cake again.
Still can't complain.

Reproduced with kind
permission of John Pacy.

A. CAIN

(FUNERAL SERVICES) LTD.
Est. 1902

Still an Independent Family Business
for Five Generations

Your local Funeral Director providing a
Professional & Caring service

81 Uxbridge Road, Hanwell, W7 3ST
Tel: 020 8567 5062

Also at: 38 Coldharbour Lane Hayes
Middx UB3 3EP
Tel: 020 8573 0664

VETERINARY NURSE ON CALL

CAT SIT

**Help keep your
cat happy while
you're away**



Sarah Chapman VN, BA (Hons)

MOBILE: 07958 652880

E-MAIL: catsitbooking@icloud.com

WEB: www.catsit.co.uk

Foot Health Service

Louisa Thomas

MCFHP MAFHP

Registered Member of The British
Association of Foot Health Professionals

Visiting Practice

**Treatment for Hard skin, Corns,
Verruca treatment,
Ingrowing toenails, Athletes foot,
Fungal nail infections,
Reducing thickened, Toe nail &
Finger nail cutting.**

**Day & Weekend Appointments
Available**

020 8579 4842 / 0796 904 5742

Louisamthomas@msn.com

**Professionally insured,
CRB checked & trained in medical
procedures.**



0208 840 0022

160 Boston Road, Hanwell W7 2HJ

TIP TOP SALON

Hair & Beauty

Specialising in European, Afro, Asian:

- Offer Student Discounts
- OAP Days (Mon- Wed)
- Monthly Offers Also Available

OPENING HOURS:

Monday	10am - 8pm
Tuesday	10am - 8pm
Wednesday	10am - 8pm
Thursday	10am - 7pm
Friday	10am - 8pm
Saturday	10am - 8pm
Sunday	CLOSED

WASHING MACHINE
DISHWASHER
TUMBLE DRYER
ELECTRIC COOKER
REPAIRS



Most makes repaired:
Hoover Hotpoint Indesit Zanussi
Whirlpool Creda Electra Servis etc....

For a Fast, Efficient
& Friendly Service, please call

Simon Lynch
Electrical Engineer

07958 554947 (mobile)

Preedy Builders

*All types of work Undertaken
Extension Specialists*

Phone: 020 8579 3909
Mobile: 07831 472274

Email: info@preedybuilders.co.uk
Website: www.preedybuilders.co.uk



Kincaid Landscapes

Aaron McCormack

A family-run business est.1969

- * DESIGN
- * CONSTRUCTION
- * MAINTENANCE
- * CLEARANCE
- * PRUNING
- * TURFING
- * PATIOS
- * FENCING
- * DECKING

22 Ash Grove Ealing W5
020 8579 6022
07904 560501



AJS



Plumbing and Heating

07949 713039

alexjshaw36@gmail.com

Gas Safe registered

Free Quotations



A.P.G. SERVICES
NEW ROOFS
& ROOF REPAIRS
FREE ESTIMATES

* SLATING * VALLEYS
* LEADWORK * GUTTERS
* REPOINTING * TILING

mobile: 07880 713773
email:
ant.gellard@gmail.com

Elizabeth

Italian Mobile Women's
Hairdresser

Qualified, registered,
insured and very
reliable mobile
hairdresser with more
than 35 years of
experience in elderly
women hairstyles.

Tel. 020 8579 7242
Mob. 07816 132230

HUMES GARAGE LTD

Established over 50 years

17-19 Humes Avenue
W7 2LJ

Tel: 020 8567 4549

MOT Testing

Car Servicing & Repairs
Body Repairs

New uses for old computers

I renovate old PCs, and then pass them on to charities and other good causes.

All hard discs are securely erased to ensure absolute confidentiality.

I prefer to refurbish PCs with flat LCD screens and at least Windows 7 but can operate with some older machines.

Please contact me for further details / collection

Nicholas Robinson (07867 785 394)

Terracycle recycling for Organ Fund

We are collecting Tassimo pods which can be put in the crate by the hall. Cat food packs (clean please) and crisp packets can be delivered to Pauline's home as long as you email her first paulinesbritton@hotmail.com



Waste not accepted

- Cans & Plastic bottles
- Cardboard packaging
- Paper packaging
- Hard plastic packaging

Find out more at www.terracycle.co.uk



The central store is at St Mellitus Church, 1 Church Road, Hanwell W7. Open between 10:00 and 16:00 on Wednesdays. To maintain social distancing, please come to the front door of the church hall & step back.

The foodbank will answer you, and should then come round to the car park and the double green doors will be opened for you. You will need to bring food items in by yourself. You can always contact the foodbank on 07769 759 756 or email info@ealing.foodbank.org.uk

Please do not drop food in at the cafes and remember that at the moment, all the churches are closed. However, there are donation points at many of the local supermarkets which are listed on the website. <https://ealing.foodbank.org.uk/give-help/donate-food/>

THE JULY SHOPPING LIST **

Longlife juice & squash - 1litre, Savoury biscuits/crackers, tinned fruit/vegetables, peanut butter, ketchup & mayo, cooking oil - 250ml or 500ml or 1 litre, shower gel/hand wash/bars of soap, shaving foam & razors, nappies sizes 2 & 6

Thank you but the foodbank has plenty of pasta, meat, fish and UHT milk at the moment.

** please remember that our magazine is produced in July for August so **it's the July list that we publish. For this reason, it's always best to check** the current list on the Foodbank website or twitter. <https://ealing.foodbank.org.uk/give-help/donate-food/> Twitter: @EalingFoodbank.

PARISH DIRECTORY



VICAR

REV. DR. ROBERT CHAPMAN
ST.THOMAS' VICARAGE 182 BOSTON ROAD W7 2AD
fatherrobert@thomashanwell.org.uk

3302 1040

CHURCHWARDENS LEANDA HOMER leandahomer66@hotmail.com 07801 277086
GILL SHAW gillshaw36@aol.com 8567 0999
PARISH OFFICE st.thomas.office@btinternet.com

PARISH OFFICE

PCC SECRETARY

JESS NELSON

TREASURER

CAROLINE LUMB caroline.lumb@talk21.com 07770 696770

STEWARDSHIP SEC

SHEILA BURT sheilamburt@talktalk.net 8579 3950

ELECTORAL ROLL

ALISON BAXENDALE alison@thebaxis.com 07879 446892

SENIOR SIDESMAN

PAULINE BRITTON paulinesbritton@hotmail.com 0203 091 1177

SACRISTAN

ANDREW LUMSDEN andrew.n.lumsden@btinternet.com
8567 9991

DIRECTOR OF MUSIC

KEITH SPILLETT keithspillett@hotmail.co.uk 07877 905737

MISSION COMMITTEE

SARAH HOLROYD c/o THE VICARAGE

HALL BOOKINGS

GILL SHAW 8567 0999

SUNDAY SCHOOL

OLIVIA HEWLETT & ISSY CHAPMAN c/o THE VICARAGE

RAINBOWS

LYDIA LOBO fristhanwellrainbows@hotmail.com

BROWNIES &

BEV TREMAYNE b.tremayne@sky.com 8897 7045

GUIDES

GROUP SCOUT

DOUG ROWE dougrowe1965@gmail.com 07954 307078

LEADER

BEAVERS/CUBS/SCOUTS

DOUG ROWE dougrowe1965@gmail.com 07954 307078

SAFEGUARDING OFFICER

CHARLOTTE CAROTENUTO ccaroten@gmail.com 8567 7128

CHILDRENS CHAMPION

TRIDENT EDITORS

JILL ASHCROFT 24 ERLESMERE GARDENS W13 9TY
jill.ashcroft@erlesmere.com
SUE CUNNINGHAM 26 KENT AVENUE W13 8BH
sue.cunningham@mac.com 07850 889948