

50 Pence



April 2019

# The Trident



The Parish Magazine of



Serving Hanwell and Beyond

Registered Charity no: 1130519

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ST. THOMAS THE APOSTLE  
BOSTON ROAD, HANWELL  
CHURCH OF ENGLAND

WE DO HOPE THAT YOU WILL FEEL WELCOME TO COME TO OUR SERVICES

SUNDAY

8.00 AM SAID EUCHARIST (BOOK OF COMMON PRAYER SERVICE)  
10.00 AM SUNDAY SCHOOL (TERM TIME & NOT 2ND SUNDAY OF THE MONTH)  
10.00 AM PARISH EUCHARIST  
6.30 PM EVENING PRAYER (BCP)  
CHORAL EVENSONG FOR SPECIAL FESTIVALS (PLEASE SEE NOTICEBOARD FOR DETAILS)

WEEKDAY CELEBRATIONS OF HOLY COMMUNION

TUESDAY 12 NOON  
WEDNESDAY 2PM

MORNING PRAYER

7.30 AM MONDAY TO FRIDAY (8.00 A.M SATURDAY)

EVENING PRAYER

DAILY 5.00 PM (EXCEPT SATURDAY AND SUNDAY)

PEOPLE OF ALL FAITHS, OR NO FAITH AT ALL, ARE WELCOME AT ANY OF OUR SERVICES. THOSE WHO ARE FULL MEMBERS OF THEIR OWN CHRISTIAN CONGREGATIONS ARE WELCOME TO RECEIVE HOLY COMMUNION IN ST. THOMAS'.

REGULAR MEETINGS

MONDAY	12.30 PM	HANWELL HOMELESS CONCERN
	4.45 PM	RAINBOW GUIDES
	6.00 PM	BROWNIES
TUESDAY	5.30 PM	BEAVERS
	6.30 PM	CUBS
WEDNESDAY		
	10.30AM	MOTHER AND BABY/TODDLER GROUP
THURSDAY	7.00 PM	GUIDES
FRIDAY	10.30 - 12 NOON	'POP-IN'
	7.00 PM	SCOUTS (AT 'THE WARREN' TRUMPERS WAY)
	7.00 PM	CHOIR

FOR MORE INFORMATION LOG ONTO OUR WEBSITE:

[WWW.THOMASHANWELL.ORG.UK](http://WWW.THOMASHANWELL.ORG.UK)

PLEASE E-MAIL US AT [st.thomas.office@btinternet.com](mailto:st.thomas.office@btinternet.com)



## From our Vicar

Dear Friends

Contrary to common belief it is not often that a priest is the recipient of an 'Angry from Tunbridge Wells' letter.

When one does receive them it is often a case of, 'let's agree to disagree'. No party has the moral high-ground.

However, at this time of year, and especially in light of the film 'The Stones Cry Out', I am reminded of one such missive that enabled me to bask in the reassuring sunlight of Church history and tradition.

The letter was sent in response to an article in the Nottingham Evening Post informing readers of a bonfire outside the old parish church on Holy Saturday. The angry author of the letter accused me of being what was worst about the Church today; a priest who introduces gimmicks into the Church. This was the first and last time I have ever been accused of being liturgically gimmicky.

Fire to scatter the darkness has been a tradition in the Church since at least the second century. A nun called Egeria recorded the presence of these fires in Jerusalem, and that tradition has continued for 1800 years as witnessed by all who watched the film, 'The Stones Cry Out'.

That moving, profound film reported the experience of Palestinian Christians who exist as a constant reminder of light scattering darkness. As they raised their Easter Candles this symbolic action told all who saw it that the light of Christ and the hope of Easter cannot be extinguished. We pray for them, and pray for ourselves that the Hallelujahs sing out and the light continues to burn for the Church, as one, throughout the world.

It is this constant presence of light in dark places, and the need to reveal it, that Easter speaks of. The horrors of terror and death, even in New Zealand, that personification of tranquillity, reinforce the observation of darkness forever trying to overwhelm light. Yet Easter tells us that darkness does not have the last word. It is easy, and understandable, to throw our hands into the air in lament, but it is more powerful to hold up a light in Easter hope.

We share a common humanity that transcends race and religion, and Easter reminds us of one who took the worst humanity could throw at him, and yet light did not go out. Whatever darkness you may feel, I pray that the Easter light of Christ will shine, be it a glimmer or a burst.

Your friend and priest

Fr. Robert

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## Parish News

Last month I reported that at the point of going to print we were interviewing for the Director of Music position. It is with great pleasure that I can announce Keith Spillett was appointed. We were **really impressed with his obvious enthusiasm and love of St Thomas'. He** also has many (!) years of experience working with choirs and music-making of all kinds. We are confident that he will help build up the choir, **and the musical life of St Thomas', so Congratulations Keith!**

Also on the appointment front, the PCC have appointed Caroline Lumb as treasurer. Caroline has many years of experience working with accounts, and, again, we are grateful to Sheila for continuing to help out with a smooth transition.

**In other exciting April news, Mtr. Susy is returning to us at St Thomas' to** continue her curacy on Palm Sunday. Please pray for her and her family as they navigate this next phase of their life as a family.

In this month can I please draw your attention to the various Lenten and Easter devotions, and also remind you that the Annual Parochial Church Meeting is on 28<sup>th</sup> April at 11.30am.

Have a holy Lent and blessed and joyful Easter!

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This Lent we will be looking at the Creeds using 'Pilgrim', a major teaching and discipleship resource from the Church of England that helps us to reflect on what it means to travel through life with Jesus Christ.

This first book in the 'Grow Stage' *The Creeds*, explores the core of Christian belief in greater depth through the Nicene and Apostles' Creeds. Over 5 weeks in Lent it aims to equip us with an understanding of these priceless resources for living the Christian life and for knowing God better.

Please look out for the meetings and come along, even if you cannot make them all.

For further details, check out: <http://www.pilgrimcourse.org/>

Lent  
pilgrim





## **Lent, Holy Week & Easter 2019**

**Stations of the Cross** every **Tuesday** at 7.00pm

**Lent House Groups** (from 11<sup>th</sup> March to 10<sup>th</sup> April)

**Passion Sunday 7<sup>th</sup> April Choral Devotion Vivaldi's  
Gloria RV589** with guest singers and Organist.

**Palm Sunday 14<sup>th</sup> April**

8am **Said Mass** (BCP)

10am **Palm Crosses Ceremonies & Eucharist**

6.30pm **Evening Prayer**

**Monday of Holy Wk 15<sup>th</sup> Apr 1pm Rosary & Mass**

**Tuesday of Holy Week 16<sup>th</sup> April 12noon Mass**

**Wednesday Holy Week 17<sup>th</sup> April 2pm Mass**

**Maundy Thursday Evening 18<sup>th</sup> Apr 7.30pm Mass of  
the Lord's Supper & Watch** to midnight & from 6am.

**Good Friday 19<sup>th</sup> April 3pm Solemn Liturgy**

**Easter Day 21<sup>st</sup> April**

8am **First Mass of Easter** (BCP)

10am **Parish Eucharist & Easter Ceremonies**

6.30pm **Evening Prayer**



[www.thomashanwell.org.uk](http://www.thomashanwell.org.uk)



On Sunday March 3rd after the 10am service, we had a bit of a celebration in the church hall to say a heartfelt thank you to the lovely Sheila who is stepping down as treasurer after more years of service than we can possibly remember. Sheila was delighted with her flowers, tokens and cake and would like to say a massive thank you to everyone for their love and friendship. Caroline Lumb is taking on the job of treasurer and we all wish her the very best in her new role.

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## A Prayer for Easter

Gracious, loving Father,

**Thank you for the wonderful reality of Jesus' resurrection** on that first Easter Day.

Thank you that, because Jesus is alive, life has meaning and purpose.

**When we don't understand why some things happen, when life is difficult,** when we are struggling through pain and loss, help us to know your risen presence and love in our lives.

Help us to choose to trust you.

Help us always to be thankful for your amazing Easter gift of life and hope.

In Jesus name,

Amen.

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## Get moving

It is April - time to get the family outside and enjoy more exercise! One in three children are doing less than 30 minutes exercise a day, according to a recent Sport England report.

That means that 2.3million kids nationwide do less than half the Chief **Medical Officer's recommended level of daily activity of at least an hour.** As one expert said: "This is a big wake up call. Parents need to get active alongside their children so that exercise feels like a normal thing to do."

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# St Thomas' Fun Run

**Sunday 28th April**

**2pm**

**5k or 2.5k**

**Come and join us for a walk, jog or run  
around the park and playing fields.**

**£5 entry on the day or in advance.**

**For more details or to enter, please  
email [sue.cunningham@mac.com](mailto:sue.cunningham@mac.com)  
or phone 07850 889948**

## Copy Dates!

Copy date for May will be Sunday 14th April

Copy date for June will be Sunday 12th May

Copy date for July will be Sunday 9th June



# The Prayer of the Ant

Lord,  
I am always made out to be  
wrong;  
a fable to the whole world.  
Certainly I hoard  
and make provision!  
I have my rights!  
And surely I can take a little joy  
in the fruits of all my work  
without some sob singer  
Coming to rob my store?  
There is something in Your  
justice  
that I scarcely understand,  
and, if You would allow me to  
advise,

it might be thought over again.  
I have never been a burden to  
anybody,  
and, if I may say so,  
I manage my own business very  
well.  
Then,  
to the incorrigible improvidence  
of some people,  
must I, for all eternity, say  
Amen

CARMEN DE GASZTOLD

## Terracycle recycling for Organ Fund

We are still collecting

Tassimo pods

Biscuit wrappers

**Ella's kitchen baby food pouches & lids**

Find out more at [www.terracycle.co.uk](http://www.terracycle.co.uk)





# St Thomas' Recycling

For some time now we have been recycling items that are normally difficult to recycle. We do this through a company called Terracycle.

We collect the items and send them off to the recycling centre who then give us money in exchange.

So far we have raised nearly £2,000

There are collection boxes in the hall and the church

Please keep the different programme items separate as they must be sent to different places

Crisp packets have raised £6 in just two months

What you can recycle in this programme



Do not fold crisp packets into triangles

- Crisp multipack outer packaging is accepted

Waste that is  
NOT accepted

- Popcorn bags
- Crisp tubes
- Pretzel bags
- Meat snack bags

Other collections are

- Ellas kitchen
- Tassimo pods and silver bags
- Biscuits wrappers
- Pet food pouches

# Church leaders give blessing to plastic-free faith Easter Egg

The Archbishop of York and the lead Bishop for the environment have welcomed a 'plastic free' version of The Real Easter Egg.

Out of the 80 million eggs sold in the UK every year The Real Easter Egg is the only one which includes a 24 page copy of the Easter story in the box, is Fairtrade and supports charitable causes. And now this year the Real Easter Egg is going plastic-free.

The change is in response to a survey which found that 96% of Christians think it is important for Easter Eggs to be plastic-free and news that 11.5 million tonnes of food packaging waste is produced every year.

David Marshall from the Meaningful Chocolate Company, who make the Real Easter Egg, said: "Easter eggs don't have to cost the earth. We have replaced plastic bags, tamper-seals and Best Before stickers with paper versions. There is still the same amount of chocolate in the Real Easter Egg and the box sizes are the same, but the redesign means our Dark and Original Egg will save at least 5 tonnes of plastic and 175 tonnes of card in the next five years."

The Archbishop of York, Dr John Sentamu, said; "I am delighted that an Easter Egg, which shares the Story of Easter, is leading the way by reducing packaging."

The Bishop of Salisbury, The Rt Revd Nicholas Holtam, said; "As the lead bishop on the environment for the Church of England I am delighted that an Easter Egg is taking seriously the care of our planet."

You can get one of the Easter Eggs from Traidcraft  
(<https://www.traidcraftshop.co.uk>)

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**There's nothing better than a good friend,**  
except a good friend with chocolate.

# The origin of....

## Level Pegging

The origin of the phrase 'level pegging' probably comes from the card game of cribbage, although it was also used in the sport of darts, when darts was first played in public houses 100 years ago. There was no digital counter in those days, so the players would use the pegs in an old cribbage board instead. Cribbage is a card game where points are scored on a 61-holed board using pegs. When the scores are level, the pegs are side by side.

'Chalking up' is also a phrase which comes from keeping score. A stick or piece of chalk was used to make marks on a chalkboard or any other suitable surface that was available.

The term 'keeping tally' or 'tallying' can be traced back to the 15<sup>th</sup> century. Coming from the Latin verb talliare, meaning 'to cut', it originates in the notching of a stick as a way of entering a number.

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## From the Editors

St Thomas' Fun Run is just round the corner now. Do come and join us and if you don't want to run, you can walk and if you'd rather not do either, there's always a need for marshalls!

July 4<sup>th</sup> Sat

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Please continue to give by providing any of these items in one of the green Foodbank collection boxes situated inside the church porches. Thank you

The revised list of items needed:

UHT—whole milk (1 litre), long life sponge puddings, savoury crackers, tinned vegetables, tinned and instant potato—eg smash, ketchup, mayo, brown sauce, hot chocolate, long life juice & squash.

**NB as our magazine is put together in advance, it's best to check the up to date list which can always be found at <https://ealing.foodbank.org.uk/give-help/donate-food/>**

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Sunday	CLOSED



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# Diary Dates



MARCH

31st Sun Mothering Sunday

APRIL

6th Sat Churches Together in Hanwell

**prayers at St Mary's Church, Hanwell 10-11**

7th Sun Passion Sunday

**Evening Devotion of Vivaldi's Gloria. 18:30**

14th Sun Palm Sunday

18th Thurs Maundy Thursday

19th Frid Good Friday

21st Sun Easter Day

28th Sun 2nd Sunday of Easter

**St Thomas' Fun Run 2pm**

MAY

4th Sat Churches Together in Hanwell

prayers at Hanwell Methodist



Church, Hanwell 10-11

*Baby/Toddler  
Group  
St Thomas' Hall  
On Wednesdays from  
10.30am until  
11.45am.  
All are welcome.  
Free.*

POP-IN

\*POP- IN ON FRIDAYS\*

AT ST THOMAS' CHURCH HALL  
FROM 10.30AM TO 12 NOON

 \*COME FOR TEA, COFFEE, BISCUITS AND A CHAT 

\*MEET YOUR FRIENDS AND MAKE NEW ONES!  
\*STAY FOR TEN MINUTES OR THE MORNING!

April

5th - tea, coffee and cakes  
12th - tea, coffee and cakes  
19th - CLOSED  
26th - tea, coffee and cakes

The POP-IN is run by the Hanwell Neighbourly Care Scheme.



# PARISH DIRECTORY



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